



GALLI PRODUCE CO. INC.

11/14/22

TRULY UNPRECEDENTED MARKET CONDITIONS

Avocados;

Still good pricing as of now. Harvest will decrease as the holiday approaches which could cause a bump in pricing

Citrus;

California is in the driver seat now!

Color and flavor is improving, good early volume should drive down the prices.

Satsuma Mandarins have started and color and flavor are steadily improving as well

Figs; Recent rains should spell the end of this product, few remain.



APPLES & PEARS

All new crop as of now with all varieties available.

Golden, Fuji, Honey Crisp, Gala's and Granny Smiths.

Organic Gala Fuji's and Pears are in stock.

BERRIES

Strawberries Rains in Santa Maria and Oxnard CA have hampered harvest schedules. Strawberries hit by rain will show some unsightly damage and a shorter shelf life.

Blackberries out of central Mexico have been steady

Raspberries out of Baja have shown some rain damage as well. Blueberries out of Mexico, Peru and Chile have kept prices steady.

Seasonals;

Fuyu Persimmons love cold! Color has been improving weekly.

Pomegranates and Pomegranate Seeds are in and beautiful.

Fresh Cranberries, Varietal Pears such as the Bosc, Red and D'Anjou are in.



Tomatoes Etc.

Melons;

We are getting through the last of the domestic supply quality issues.

Offshore Cantaloupes will start this week and Mexican Honeydews have started.

Tomatoes~

Baja and Florida are our primary supply regions at this time on all Round and Roma product. Recent hurricanes in both areas have created supply issues to say the least.

Expect elevated pricing through January.

Local Heirlooms and Mixed Cherry Tomatoes are all but finished.

Eggs and Dairy: These products show no sign of leveling off in the near future.

Recent rains, along with the local INSV disease at the time where we expect southern California to carry us through the transition to Yuma AZ., will end sooner than hoped. Yuma's start will be light to begin with.



Asparagus

Steady, in the mid range.

Green Beans-

Mexican product now, expensive.

Broccolini~

Higher, with good quality.

Celery .

This item will be in

shorter supply through November.

Snap and Snow

Peas Prices are still on the high side.

English & Persian Cucumbers

Steady with prices easing.

Hard Squashes, very reasonable pricing.

Squashes~Eggplants ~ Bell Peppers Cucumbers and Chiles.

Green Bells and Zucchini prices are very reasonable. Red Bells and Yellow Bells out of Coachella are winding down and have elevated prices until Mexico gets started.

Green Onions are still limited and remain high.



BROCCOLI ~ CAULIFLOWERS ~ CORN

Broccoli ~

Supplies are very limited with quality issues such as some Pin Rot due to rain.

Cauliflowers~

Extremely limited. We have a handful of Romanesque to sub until we get some relief from Yuma!

CORN:

Washington and some Mexican product is available. Expensive.



LETTUCE ~ ROMAINE ~ SOFT LEAF

There is not one lettuce item that is not at or past \$100.00 a box. Romaine Hearts are prorated with very tight supplies. We will have to sub "Naked Romaine" from time to time in the coming weeks. Naked

Romaine has much more yield per box with less quality issues. We expect these issues and prices to continue through the Holidays.

Sweet Potatoes and Yams are very reasonable! Potatoes are inching up as the Thanksgiving demand increases.





Miso-Orange Glazed Grilled Mushrooms with Coconut-Tahini Dipping Sauce

Ingredients

FOR THE MISO-ORANGE GLAZE:

- Juice from 1 large orange
- Juice from 1 lemon
- 1 teaspoon honey
- 1 teaspoon white miso paste
- 1 teaspoon tamari or coconut aminos

FOR THE TAHINI DIPPING SAUCE:

- 1/2 cup full-fat coconut milk
- 2/3 cup tahini
- 1 tablespoon coconut sugar
- 1-2 tablespoon tamari or coconut aminos
- 1 tablespoon fresh ginger grated
- pinch chili flakes to taste

For instructions and other recipes visit [Guans Mushrooms.com](http://GuansMushrooms.com)